LAKE COMO INSTITUTE — Como, Italy

Lake Como Institute, The Lake Como Institute is a center dedicated to higher education in implantology. Our teaching is based on scientific and clinical research, and we adopt an interdisciplinary teamwork approach to our work. Our clinic of excellence is based on established protocols and attention to detail, two factors that we regard as important for achieving a long-lasting result. With our work philosophy of seeking to achieve the best results, combined with our thirty years of clinical experience, we offer an innovative course that will allow you to give better treatment to patients, who rely on your professionalism for their oral health.

— Lake Como Institute,

— Professor Dr. Tiziano Testori
received his Doctor of Medicine in 1981, his Doctor of Dental Surgery in 1984, and his specialty qualification in orthodontics in 1986, all from the University of Milan in Italy. He is currently head of the section of Implant Dentistry and Oral Rehabilitation, University of Milan I.R.C.C.S. Galeazzi Institute (Dean Professor R.L. Weinstein).

Professor Dr. Testori is a fellow of the International College of Dentists and a referee for oral surgery and implant dentistry for the Italian Ministry of Health for continuing education programs. He is an active member of the European Federation of Oral Surgery Societies and an active member of and lecturer for the Academy of Osseointegration, American Academy of Periodontology and American Association of Oral and Maxillofacial Surgeons. He is the author of over 200 scientific articles in Italian and international journals.

Location
The Lake Como Institute is located in the town of Como, famous for its silk manufacturers. Within what remains of its 12th century walls is a charming historical center. The town is set on the shores of Lake Como, situated in a basin surrounded by wooded mountains and said to be the most beautiful of the Italian lakes. There is plenty to see while strolling around, including stunning villas, gardens, and sites of historical and cultural significance.

www.lakecomoinstitute.com

How to get there
From Milano Malpensa Airport, located about 1 hour away by car, you can take the Malpena Express train to Como.
www.malpensaexpress.it

From Lugano Airport in Switzerland, located about 20 minutes away by car, you can take a shuttle bus to Lugano, and then a train from Lugano station to Como S. Giovanni station.
www.trenitalia.it, or www.sbb.ch

From Milano Linate Airport, you can take a connecting bus to Milano Centrale station and catch a train to Como S. Giovanni station (trains depart hourly).

The following transport options are available via the institute:

- a private mini-van (up to five passengers) one way from Milano Malpensa Airport to Como (at a cost of €100 + 10% VAT);
- a private mini-van (up to seven passengers) one way from Milano Malpensa Airport to Como (at a cost of €120 + 10% VAT);
- a private car (up to three passengers) one way from Milano Malpensa Airport to Como (at a cost of €80 + 10% VAT);
- There is an additional cost of €30 (one way) from Il Caravaggio International Airport (Orio al Serio International Airport).
- There is an additional cost of €10 (one way) from Milano Linate Airport.

Where to stay
All hotels are located within a reasonable distance to the institute. If you would prefer to stay right on the lakefront, you might want to consider one of the following hotels:

Albergo Terminus, located right on Lake Como
www.albergoterminus.it

Palace Hotel, located next to the Albergo Terminus
www.palacehotel.it

Hotel Metropole Suisse
www.hotelmetropolesuisse.com

Not on the lakefront, but also centrally located are the following hotels:

Albergo Firenze
www.hotelfirenzecomo.it

Hotel Barchetta Excelsior
www.hotelbarchetta.it

Where to eat
Navedano, located only a few minutes from the center of Como.
www.ristorantenavedano.it

Le Colonne, located on an old square off the main streets. It offers classic regional dishes.
What to see and do

Como is a very small old town and the best way to get to know it is to walk around and discover its narrow passages, old streets, quaint markets and piazzas, stopping to enjoy a cappuccino on the terrace of one of its many cafés.

The remarkable 11th-century Romanesque Basilica di Sant’Abbondio has a beautiful fresco series inside the apse and a university occupies what was once the cloister.

Lake Como’s shores feature a varied landscape of fields, forests, imposing rocks, charming villages facing the lake and magnificent mansions with beautiful gardens, particularly from Cernobbio to Gravedona and Bellagio. The following include only some of the innumerable sights:

The middle of Lake Como, where its three branches come together, offers a spectacular view of the whole promontory of Bellagio, of the northern Grigna mountains overlooking Valsassina, and of the upper basin against the backdrop of the Alps if the skies are clear. It has the mildest climate and can be reached by boat. www.taxiboat.it

Besides the glorious views of the Lecco branch of the lake, which turns southwards, there are natural springs, like Fiumelatte, described by Leonardo da Vinci, and the impressive Orrido di Bellano (gorge), situated not far from the Renaissance Villa Monastero at Varenna.

For more information visit: www.comotourism.it